



At Home Instructions

Brush and floss teeth. Take a syringe out of the kit. Remove the cap from the tip of syringe. Place a small drop of gel into every compartment of the tray for the teeth undergoing whitening treatment. If needed we can provide a small tip to attach to the end of the syringe to dispense the gel into your trays.

Seat the tray with the gel around the teeth.

Wipe away any excess gel on the gums with your finger, a tissue, a Q-tip or a dry soft tooth brush.

Your touch-up whitening contains 2 syringes of 35% Carbamide Peroxide.

Please wear the trays in your mouth for up to 5-15minutes once a day. Please monitor your teeth sensitivity.

After treatment, remove trays. Rinse tray and mouth with lukewarm water. Brush teeth. Repeat procedure as needed.